

Week 1	Filling	Bread	Salad/Fruit	Cake/Biscuit
Monday	Cheese	Brown Sliced Bread	Carrot/Apple	Chocolate Chip Muffin
Tuesday	Ham	White Sliced Bread	Tomatoes/Cucumber	Chocolate Brownie
Wednesday	Cheese	Brown Pitta Pocket	Celery/Apple	Cookie
Thursday	Chicken	Wrap	Cucumber/Orange	Iced Bun
Friday	Tuna/Sweetcorn	Pitta Pocket	Carrot/Apple	Flapjack

Week 2	Filling	Bread	Salad/Fruit	Cake/Biscuit
Monday	Cheese	Brown Sliced Bread	Celery/Apple	Chocolate Brownie
Tuesday	Chicken	Brown Sliced Bread	Orange/Cucumber	Flapjack
Wednesday	Ham	wraps	Carrot/Apple	Chocolate chip muffin
Thursday	Cheese	Pitta Pockets	Cherry Tomatoes/Orange	Chocolate Chip Cookie
Friday	Tuna/Sweetcorn	Brown Sliced Bread	Cucumber/ Apple	Flapjack